

The Enlighten™ Laser

What separates the Enlighten™ laser from other lasers is its nano-second and picosecond combination pulsing. In laymen's terms this laser is able to achieve a high-



er power in a shorter amount of time. As a result, the Enlighten™ laser does not heat up the skin like older lasers. An analogy that we like to share is that of a Karate expert who chops a stack of bricks in half. With one quick, powerful chop the bricks are destroyed. The Enlighten™ laser does the same thing to pigment cells. The 2 nanosecond and 750 picosecond pulse durations, in combination, provide the massive power to “break” pigment cells into minuscule fragments that are then eliminated through the blood stream.

At Renew Laser Aesthetics our focus is on you and helping you achieve your personal aesthetic goals. Laser treatments help your skin to be more evenly colored, by decreasing the irregular brownish and reddish areas that have developed as a result of aging and sun damage. Laser treatments brighten the skin and give it a more youthful glow.

Our Team



Manfred Henne, MD, PhD



Viola Medina, ARNP, MSN



Denise Bruce, LME

Renew Laser Aesthetics is a private, outpatient medical doctor's practice founded by Manfred Henne, MD, and Viola Medina, ARNP, MSN. Renew Laser Aesthetics in skin rejuvenation using the latest in medical equipment. Our team is comprised of dedicated and caring professionals who have undergone extensive training. The entire staff focuses on the comfort of each patient in a relaxed outpatient office atmosphere.

What sets Renew Laser Aesthetics apart is the interaction of the physician, nurse practitioner, and master esthetician who co-plan treatments and who provide face-to-face communication with patients. Every patient is given the opportunity to discuss his or her treatment options personally with the members of our staff who are caring for them.

Schedule Your Appointment Today

360.394.6466

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Renew Laser Aesthetics is a friendly, professional, medical practice specializing in laser skin revitalization

**Unique Pico Laser Technology
for
Skin Revitalization & Dark Spot Removal**

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Renew Laser Aesthetics

Our utmost goal is to make sure that you have an exceptional experience with us each time you walk in our door. We pride ourselves on our attention to detail and our personalized service. We are here to help you achieve your personal goals by reclaiming the skin you live in. Being a medical practice means we have expertise in your overall well-being.

Renew Laser Aesthetics is the only practice on the West Sound (including Tacoma and Olympia) offering laser skin rejuvenation using the most advanced technology in the world – the Enlighten™ laser.

For our skin rejuvenation patients the Enlighten™ laser offers better clearance of brown spots and red patches by selectively targeting the melanin and melanocyte, leaving the other cells in the skin untouched, and it accomplishes this much faster than existing laser systems. And better technology translates to fewer treatments and lower total cost for patients. Plus our team is dedicated to providing our patients with friendly, personalized service in a medical center environment.

Laser Skin Rejuvenation

If you are unhappy with the appearance of your skin and/or age spots, treatments are available to correct these issues.



Blotchy brown spots develop on the skin for several reasons. Sun exposure over time, certain medications (such as estrogen and other hormones) and genetics all contribute to the brown spots and sun spots. Generally, a brown spot is a focal area of either a higher number of pigment cells or an increased number of pigment molecules. Some excess pigment cells and molecules reside in your top layer of skin, or epidermis and some are deeper, in the dermis.

The Enlighten™ laser features extremely short and high-power picosecond laser pulses which efficiently and quickly break down pigmented lesions and treat multiple skin conditions occurring in larger areas. Different wavelengths of light are delivered to different layers (and depths) of the skin. The Enlighten™ laser allows our team to select the best setting and wavelength for targeting your specific skin conditions. Thus, laser treatments can effectively decrease and diffuse brown pigmentation and blotchy redness on the face, neck, chest, arms, hands and legs.

Frequently Asked Questions

Q: HOW MANY TREATMENTS ARE REQUIRED?

A: The total number of treatments may vary. Skin rejuvenation and pigment correction usually takes approximately 3 to 4 treatments. Laser skin rejuvenation or non-invasive skin treatments are performed by using some type of light source which is projected onto the area of skin to be treated. Basically, laser skin rejuvenation is done by projecting a laser light onto the skin blemishes treated. The energy delivered causes the problematic cells to heat up and break down into substances which can then be absorbed and discarded via the blood stream. The blemishes treated are mostly found on the skin's surface, the "epidermis," but the laser energy also heats up sub-skin tissues, the "dermis," which causes increased collagen production which does wonders towards improving the overall skin complexion.

Q: WILL A SKIN DISCOLORATION COMPLETELY DISAPPEAR?

A: In many cases, yes. However, it is very important to know that some pigment corrections are more difficult to clear than others. On your first visit to Renew Laser Aesthetics we will discuss this with you and let you know how many treatments we feel it will take to clear the brown and red spots.

Q: IS THE PROCEDURE PAINFUL?

A: Patients compare the procedure to a rubber band being snapped against their skin. At Renew Laser Aesthetics we can provide a small amount of numbing cream to the specific affected areas before your treatment. Please note that the numbing cream needs to be applied 30 to 45 minutes before the treatment for best results. So please plan to come to our office early if you would like the numbing cream. After your treatment, Tylenol can be taken for the relief of any minor pain.

Q: ARE THERE ANY SIDE EFFECTS FOLLOWING THE TREATMENT?

A: Most patients experience redness and swelling immediately following the treatment. These side effects are temporary.

Q: IS THERE ANY DOWNTIME ASSOCIATED WITH THE TREATMENT?

A: Patients can return to regular activities immediately following the treatment. Please note that you will need to be careful not to scratch or rub the area. You will also need to practice strict sun avoidance by covering the treated area when you are out in the sun. Your clinician will go over any restrictions, guidelines, and follow-up care when you receive a treatment.

Q: WILL I SEE A NOTICEABLE DIFFERENCE AFTER EACH TREATMENT?

A: Everyone responds a little differently, but change is progressive. Some people notice a big change on the first treatment, while others will notice a big change on the second or third treatment.

Q: WILL SKIN REJUVENATION LEAVE A SCAR?

A: Because the Enlighten™ laser is the first—and only—laser that features dual wavelength and dual pulse duration and because the pulses are so fast that only the pigmentation is effected, scarring is much less likely than with older lasers.

Q: HOW MUCH WILL IT COST?

A: At Renew Laser Aesthetics, we are very transparent about pricing. We believe that skin rejuvenation should be affordable and that is why we are very upfront about our pricing. Please see the enclosed sheet for pricing information.

