

## The Enlighten™ Laser

What separates the Enlighten™ laser from other lasers is its nano-second and picosecond combination pulsing. In laymen's terms this laser is able to achieve a higher power in a shorter amount of time. As a result, the Enlighten™ laser does not heat up the skin like older lasers. An analogy that we like to share is that of a Karate expert who chops a stack of bricks in half. With one quick, powerful chop the bricks are destroyed. The Enlighten™ laser does the same thing to tattoo ink and pigment cells. The 2 nanosecond and 750 picosecond pulse durations, in combination, provide the massive power to "break" tattoo ink into minuscule fragments that are then able to be eliminated through the blood stream.

At InHealth Image our focus is on you and helping you achieve your personal goals. If you are looking to improve your appearance by eliminating a tattoo that you feel no longer fits into your life, our team at InHealth Image is here to help.



## Our Team



Manfred Henne, MD, PhD



Viola Medina, ARNP, MSN



Denise Bruce, LME

InHealth Image is a private, outpatient medical doctor's practice founded by Manfred Henne, MD, and Viola Medina, ARNP, MSN. InHealth Image specializes in the removal of tattoos using the latest in medical equipment. Our team is comprised of dedicated and caring professionals who have undergone extensive training. The entire staff focuses on the comfort of each patient in a relaxed outpatient office atmosphere.

What sets InHealth Image apart is the interaction of the physician, nurse practitioner, and master esthetician who co-plan treatment and who provide face-to-face communication with patients. Every patient is given the opportunity to discuss his or her treatment options personally with the members of our staff who are caring for them.

**Schedule Your Appointment Today**  
**360.394.6466**

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# Tattoo

LASER TATTOO REMOVAL



InHealth Image is a friendly, professional, medical practice specializing in the removal of tattoos.

INHEALTH  
LASER AESTHETIC MEDICINE & TATTOO REMOVAL  
I M A G E

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## InHealth Image

### Laser Tattoo Removal

Our utmost goal is to make sure that you have an exceptional experience with us each time you walk in our door. We pride ourselves on our attention to detail and our personalized service. We are here to help you achieve your personal goals by reclaiming the skin you live in. Being a medical practice means we have expertise in your overall well-being.

InHealth Image is the only practice in the West Sound (including Tacoma and Olympia) offering laser tattoo removal using the most advanced technology in the world – the Enlighten™ laser.

For InHealth Image's tattoo removal patients the Enlighten™ laser offers better clearance of tattoos, and it accomplishes this much faster than existing laser systems. And better technology translates to fewer treatments and lower total cost for patients. Plus our team is dedicated to providing our patients with friendly, personalized service in a medical center environment.

# Tattoo Removal

Enlighten™ is the only system in its class with a hand piece that features up to 3 times greater energy. For patients needing tattoo removal, Enlighten™ offers better clearance of tattoos, and it accomplishes this much faster than existing laser systems. We are



really excited to bring these benefits to our patients that want tattoos removed. Enlighten™ is the first laser system in its industry to offer two ultra short laser pulse modes as well as two laser wavelengths to treat multiple tattoo colors. All of which simply means that we offer the best technology. And better technology translates to fewer treatments, lower total cost for patients and no residual scarring or discoloration to the skin.

And, our team is dedicated to providing our patients with friendly, personalized service in a medical practice environment.

Most tattoos require several treatments, typically 4 to 6, for effective removal, depending on factors such as tattoo size, location, tattoo age, colors, etc. The easiest color to remove is black because it absorbs all laser wavelengths, while other colors absorb light selectively, depending on the hue.

# Frequently Asked Questions

**Q: HOW MANY TREATMENTS ARE REQUIRED?**

A: The total number of treatments may vary. Tattoo removal usually takes between 4 to 6 treatments depending on the composition, depth and the color of the ink, as well as the size of the tattoo. Tattoo ink is deposited deep in the skin. In order to reach all of the ink in the skin, multiple treatment sessions are needed for clearance. Depth, size and color of the tattoo also impact the number of treatments needed.



**Q: WILL A TATTOO COMPLETELY DISAPPEAR?**

A: In many cases, yes. However, it is very important to know that some ink colors are more difficult to clear than others. On your first visit to InHealth Image we will discuss this with you and let you know how many treatments we feel it will take to completely remove the tattoo.

**Q: IS THE PROCEDURE PAINFUL?**

A: Patients compare the procedure to a rubber band being snapped against their skin. At InHealth Image we can provide a small amount of numbing cream to the affected area before your treatment. Please note that the numbing cream needs

to be applied 30 to 45 minutes before the treatment for best results. So please plan to come to our office early if you would like the numbing cream. After your treatment, Tylenol can be taken for the relief of any minor pain.

**Q: ARE THERE ANY SIDE EFFECTS FOLLOWING THE TREATMENT?**

A: Most patients experience redness and swelling immediately following the treatment. These side effects are temporary.

**Q: IS THERE ANY DOWNTIME ASSOCIATED WITH THE TREATMENT?**

A: Patients can return to regular activities immediately following the treatment. Please note that you will need to be careful not to scratch or rub the area. You will also need to practice strict sun avoidance by covering the treated area when you are out in the sun. Your clinician will go over any restrictions, guidelines, and follow-up care when you receive a treatment.

**Q: WILL I SEE A NOTICEABLE DIFFERENCE AFTER EACH TREATMENT?**

A: Everyone responds a little differently, but change is progressive. Some people notice a big change on the first treatment, while others will notice a big change on the second or third treatment.

**Q: IS IT POSSIBLE TO REMOVE JUST PART OF MY TATTOO?**

A: Since the Enlighten™ laser is extremely accurate, it's definitely possible to zero in on one area to remove just part.

**Q: WILL TATTOO REMOVAL LEAVE A SCAR?**

A: Older lasers generated heat which damaged cells causing scarring. Because the Enlighten™ laser is the first—and only—laser that features dual wavelength and dual pulse duration, and because the laser pulses are so fast that only the tattoo ink is shattered with minimal heat generation, scarring is much less likely to occur.

**Q: HOW MUCH WILL IT COST?**

A: At InHealth Image, we are very transparent about pricing. We believe that tattoo removal should be affordable and that is why we are very upfront about our pricing. Please see the enclosed sheet for pricing information.

